**ESSEX METROPOLITION NETBALL ASSOCIATION**

**Annual General Meeting**

Wednesday 8th July 2020 commencing at 8.15pm in the Jean Brown Arena at Redbridge Sport Centre, Forest Road, Barkingside IG6 3HD or via Zoom.

**AGENDA**

1. **Chairman’s Remarks**

**2. Apologies for Absence**

**3. Minutes of Previously Annual General Meeting**

**4. Matters Arising**

**5. Officers’ Report**

**6. Election of Officers**

President Mrs Val Hollingsworth

Chairperson Mrs P Meadows

Vice-Chairperson Miss Cassandra Austin-McKenzie

General Secretary Miss J M Cox

Treasurer Miss M Fuller

League Secretary Mrs Y Hurley

Publicity Secretary Miss S Wyatt

Umpiring Secretary Miss J Kelloe

Results Secretary Miss T Howe

Three Swords Secretary Miss K Cornwall

Junior League Secretary Miss K Cornwall

Coaching and Development Officer Mrs B Owolabi

Safeguarding and TDP Officer Miss M Cox

**7. Motions Received**

1. That the Over 18 Essex Met membership fee will be £3.00
2. That the Under 18 Essex Met membership fee will be £2.75
3. That the Under 14 Essex Met membership fee will be £1.50

 Proposed by the Executive Committee

**8. Presentation of Trophies**

 **-** League Trophies

 **-** Elsie Sanders Memorial Trophy

 **-** Edith Carter Umpiring Trophy

 **-** Rita Shea Trophy

 **-** Academy Awards

**9.** **Appointment of Auditor**

**ESSEX METROPOLITAN NETBALL ASSOCIATION**

Minutes of the 2018/2019 Annual General Meeting held on Wednesday 3rd July 2019 at Redbridge Sports Centre, Forest Road, Barkingside, Ilford, Essex

The meeting commenced at 8pm and was chaired by Pat Meadow.

1. **Chairman’s Remarks**

Pat welcomed everyone to the meeting and thanked them for attending. Pat started by paying tribute to our England netball team for netball becoming more popular with increased viewing of the sport on Sky TV and the forth coming World Netball Championship.

Pat welcome back the Academiesto Redbridge for trainingand the newfranchise, London Pulse to east London, stressing more work needed to be done with linking communication between counties and franchises.

Essex Met League – Junior league has grown and has the highest number of entries this season.

Pat thanked Jane Kelloe doing a fantastic job as the Umpiring secretary in organising assessments, pre assessments, test etc. And welcome Kirsty Herbert as the new Development Officer.

1. **Apologies for Absence**

Attendance was as per the Attendance Book. Apologies were received from Tracey Daly, Michelle Cox, Jillean Hipsey, All Stars, Brentwood A, QM Old Girls, and Fairlop.

1. **Minutes of Previous AGM**

These had been circulated, were agreed unanimously, and signed as correct.

1. **Matters Arising**

There were no matters arising.

1. **Officers’ Reports**

These had been circulated with the AGM papers. No queries raised.

1. **Election of Officers**

All Officers were standing for re-election, officers willing to stand for re-election were unopposed and unanimously re-elected.

1. **Motions Received**

Cassandra Austin-McKenzie was elected as Vice Chairperson.

Constitution amended to fall in line with England Netball’s terminology, updates and changes to the England Membership system. This motion was carried with one abstention.

1. **Presentation of Trophies & County Colours**

Trophies were presented by Val Hollingsworth

**Elsie Saunders Trophy** Tracy Howe

**Edith Carter Trophy** Pat Martin

**Junior W RU**
 U12 Essex Open U12 Maroon Woodford Warriors U11

U12 AP Saints Essex Open Maroon

U14 AP Saints Marshalls

 **Three Swords**

 Aeonian Romford

 **League**

Div. 1 New Cambell Green Manor A

 Div. 2 Marshalls Purple Manor B

 Div. 3 Leyton B Fairlop

 Div. 4 Essex Open C Chigwell Ladies 1

 Div. 5 QM Old Girls Foxes 2

 Div. 6 Cumberland 1 Romford D

 Div. 7 Woodford Warriors 1 Essex Open D

 Div. 8 Cumberland 3 Cumberland 2

 Div. 9 Sapphire C Oakwood B

 Div. 10 Foxes 4 Brentwood A

 Div. 11 Phoenix Flames 3 Eclipse D

 Div. 12 All Stars Cumberland 6

1. **Appointment of Auditor**

Paula Boateng has confirmed her willingness to continue and is so appointed as Auditor.

The Meeting closed at 8.40pm.

**ESSEX METROPOLITAN NETBALL ASSOCIATION**

**CONSTITUTION**

**NAME**

The name of the Association shall be the Essex Metropolitan Netball Association.

**OBJECT**

The object of the Association shall be to encourage and develop the game of netball in the area designated to it by All England Netball Association Ltd. (England Netball).

**MEMBERSHIP**

All individual and school members of the Association shall be members of the governing body, (England Netball), and shall be bound by its Constitution and Regulations. All membership fees, which shall be determined only by the A.G.M. shall be payable by all members not later than 11 September each year and shall be valid, for the purposes of this Association, for the twelve months expiring on 31 August following.

**GOVERNMENT**

The Association shall be governed by an Executive Committee who shall be elected annually at the A.G.M. and shall consist of the following:

 President Coaching Secretary

 Vice-President League Secretary

Chairman Publicity Secretary

 Vice-Chairman Umpiring Secretary

 General Secretary Development Secretary

 Treasurer Junior League Secretary

 Talent Development Secretary

The Executive shall have the power to co-opt up to five members.

The names of the Officers standing for election, together with their proposers and seconders, must be received in writing by the General Secretary at least twenty-eight days before the A.G.M. The consent of the nominees must have been obtained prior to nomination. Existing officers may stand for re-election without being nominated. Where there is only one candidate for any post then election is automatic. Any office that receives more than one nomination shall be decided by a ballot. The Executive Committee has the right to fill any posts left vacant at the A.G.M. or becoming vacant during the year.

**EXECUTIVE**

The Executive Committee shall meet at least six times annually to consider and decide the general policy of the Association and authorise any substantial expenditure.

**SUB-COMMITTEES**

The Executive Committee may from time to time establish sub-committees, the terms of reference, personnel and organisation to be determined by the Executive Committee. All decisions made by the sub-committees shall be subject to the approval of the Executive Committee.

**ACCOUNTS**

The audited accounts of the Association for the year ending 31 May shall be presented to the A.G.M. and audited by an auditor appointed at the previous A.G.M.

**ANNUAL GENERAL MEETING**

The President shall be invited to preside at the A.G.M. which shall be held in June or July of each year. At least twenty-eight days’ notice shall be given in writing to all members entitled to vote of the date, time and place of the meeting. Motions for inclusion on the Agenda and nominations for Officers must be received by the Secretary at least twenty-eight days before the Meeting. They must be accompanied by the names of the proposer and seconder in each case. Officers’ reports, audited accounts, Minutes of the previous A.G.M. and the Agenda with motions received, shall be sent to all members entitled to vote at least seven days before the meeting. The Agenda shall be:

Chairman’s Remarks

Apologies

Minutes of the previous A.G.M.

Matters Arising

Officers’ reports

Election of Officers

Motions received

Presentation of badges and trophies

Twenty members present and entitled to vote shall form a quorum. Each club, each officer, and the representative (or his/her delegate) of each of the five London boroughs duly appointed to the Schools sub-committee shall have one vote each. No one person with voting powers shall exercise more than one vote. Two members of the Executive Committee shall conduct the ballot which shall include motions received and be observed by two scrutinisers appointed by the meeting who shall be non-voting members.

**SPECIAL MEETING**

The General Secretary shall convene a special General Meeting following a request in writing of five members entitled to vote at the A.G.M. This meeting shall be held within one month of the receipt of the request and fourteen days’ notice of it shall be given to all members entitled to vote at the A.G.M. Twenty members present and entitled to vote shall form a quorum.

**CHANGE OF CONSTITUTION**

Any motions to change the Constitution shall only be considered at an A.G.M. or a special General Meeting and any decisions to change must be carried by a two-thirds majority of those in attendance and entitled to vote.

**COPIES**

Copies of the Constitution shall be supplied annually to all members of the Association entitled to vote at the A.G.M.

**DISCIPLINARY POWERS, PROCEDURES AND APPEALS**

Any written complaint about behavior which could be considered as a Disciplinary Offence under England Netball’s Disciplinary Regulations should be sent to the Disciplinary Secretary and will be dealt with in accordance with the processes set out in England Netball’s Disciplinary Regulations in force from time to time.

**Trophy Recipients 2019/2020**

W RU

**Junior** U11 Essex Open Maroon Woodford Warriors

 U12 Essex Open Blue New Cambell

U13 Aces Blue Robert Clack

U14 Aces Black Essex Open

U16 Cumberland New Cambell

**League** Div 1 New Cambell Green Essex Open A

2 Eclipse A Langdon 1 3 Essex Open C Foxes 1 4 Eclipse C Sapphire A 5 Sapphire B Cumberland 2 6 New Cambell Purple Woodford Warriors 1

7 Oakwood A Island 2

8 Sapphire D Phoenix Flames 1

9 Foxes 4 Eclipse D

10 Phoenix Flames 2 Phoenix Flames 3 11 Marshalls Pink Aces 1

 12 Aces 2 Cumberland 7

**CHAIRMAN’S REPORT 2019 -2020.**

We are certainly experiencing something no one contemplated at the start of last season, however we are all trying to come to terms with this strange new world and hopefully we will soon be able to start being involved with netball and meeting up with everyone who loves the game. Getting back and taking those first steps back on the netball court will no doubt feel a bit weird at first but when it is our time Essex Met will certainly be following and checking the England Netball guidelines and working alongside Redbridge Sports Centre Health and Safety rules before restarting our League.

At the time of writing this I cannot give you any advice as to how, where and when we start as I am sure you will all appreciate that we are talking not just our netball athletes but the officials, spectators, other sports that use Redbridge as well as facilities inside. Until then please be positive; I know you love our great sport netball and all of us miss our weekend and midweek games but we will be back.

I did get to see quite a few matches during our somewhat shorter season and I still get a buzz when I see how many of you enjoy the challenges you have when playing and you certainly show some fantastic skills and flair and competitiveness. Long may this continue. Please read all the officers’ reports on this season; they work hard in trying to ensure you are kept up to date with information on courses, events and some attend other meetings within our region. All on a voluntary basis.

This year we say goodbye to Ian Smith our Junior League organiser (moved house) and welcome Kaye Cornwall who has taken on the role. Ian played a big part in encouraging more young athletes to play in our League and was a valued committee member. Kaye has already taken the reins and cannot wait to get started.

The committee wanted a way of remembering our Legend Rita Shea (previous Chair, Treasurer, and Umpire in Essex for many, many years) and we had thought long and hard but came up with the idea of a bench at Redbridge Sports Centre in recognition of all her work in Essex and Essex Met. You will all get to see and use this once we start playing again.

I am sad to report that we lost our President Meve Curtis this season. Meve is a past New Cambell player and an ex England International athlete. In her later years, up until the last season, she regularly attended Campbell’s matches on the Saturdays when she could.

Our new President, I am pleased to inform you all, is Val Hollingsworth who I know is extremely proud of the honour and delighted to accept. Val is involved in various levels of coaching and you can also see her umpiring at Redbridge on Saturdays.

On a final note, your Committee has still managed to hold meetings - albeit virtual ones - thank goodness for technology and Zoom. Thank you to all the Essex Met Committee members for their continued hard work.

Until we meet again at Redbridge I would like to thank those of you that have managed to do some netball training at home - I think some clubs even hold little training sessions together, possibly on Zoom again, but however you have managed to keep yourself active and motivated, well done.

Pat Meadows

**Treasurer’s report**

Our balance sheet shows a healthy surplus this season – due mainly to the underspend in the Academy programme, but it does show that my anxiety about the cost of the new ENgage membership system reducing our income has proved unfounded. The accounts are with the auditor at the moment and I’ll let you know if any of the figures on the Income and Expenditure Account change as a result of that audit.

I understand that England Netball has no plans to extend the membership period nor reduce the fee for next season. This, of course, may change before the September start of the 2020/2021 season. However, your Committee plans to reduce the Essex Met fee by £1.00 to £3.00 which represents a 25% reduction.

Well, this is a strange time. Thank goodness we completed nearly 80% before lock down. As I write this report, there is no news with regard to resuming our sport and therefore any information I write here is subject to change.

As you know, we have to wait for England Netball’s competition calendar and the Region’s calendar in reaction to that, before we can set up our own calendar. As a result of the delay, it is possible that we won’t be able to secure bookings for the indoor courts at Redbridge on all our fixture dates. We will do our best, however, and let you know as soon as we do. Due to this uncertainty, we have delayed the date by which you have to return your League Entry Form (LE1A) to 31 July 2020. The confirmation of your entry (LE1) remains 15 August.

The 2020/2021 season is the last season for which we will be able to use the Horizon scheduling/results system. I have spent many hours on the new Competition Manager in ENgage and whilst it has some features that we don’t currently have, its scheduling is vastly inferior to Horizon so if there are any other suggestions from you, I would welcome your advice. Or maybe there’s a fantastic programmer out there somewhere?

I should like to add here my appreciation of Rita Shea, our former and long serving Chairman, who died on the last day of October last year. Her enthusiasm for Essex Met netball (she had no time for Regions or National teams unless they had Essex Met players in them) was unbounded and her guidance of the County over so many years was impressive. I miss her.

Maggie Fuller

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Essex Metropolitan Netball Association

League Secretary’s Report

2019-2020

Ladies

Who would have believed that when we stopped the games in mid-March we would be where we are now! It has been so surreal!

The world is now a very different place, and I am hoping that we will be back to some sort of ‘normal’ by the start of the new season.

The Committee has been meeting via Zoom, to keep abreast of the guidelines issued by England Netball, and determine how to progress.

As a result, we brought the season to a close using a system of averaging, as advised by them, resulting in the final league positions.

I would stress that in the vast majority of cases, these are the same positions as those at the time the League was curtailed!

Well done to all of the winners and runners up, and commiseration to those being relegated.

Let us hope that by the scheduled start of the new season, we will be in a position to get back on the courts, even if there are some restrictions. Your Committee will continue to monitor the guidelines from England Netball, and rest assured, we will be back as soon as it is declared safe to do so.

Please keep in touch with what is happening on the Essex Met website, Twitter, Facebook etc.

It just remains for me to say enjoy the extended summer break, particularly now that some of the restrictions are being lifted, and hopefully we will have a full 2020-2021 season.

Yvette Hurley

League Secretary

Results Secretary

End of Season Report

First and foremost, I just want to make sure that you and your families have stayed safe and are staying alert. I would normally say that another season has finished and what a season it has been. However, I do not think we will ever see another season like this one again. Games cancelled, season terminated and working out averages to obtain end of season tables. WOW. This season will not be forgotten in a hurry.

Thanks to all the secretaries who take time to read and respond to my many emails.

Congratulations to the winners and runners up from all the divisions and leagues.

Good luck for the coming season, whenever that maybe and I look forward to seeing you all real soon.

Regards

Tracy Howe

Results Secretary

**Junior League 2020/21**

Hi everyone

Earlier this year Ian sent you all an email announcing that 2019/20 was his last season as Junior League Secretary.

I would like to take this opportunity to let you all know that I will be taking over Ian’s role. I have been in touch with Ian regularly to share information regarding the organisation of next season (I certainly have big shoes to fill).

When netball restarts in the months ahead I would like to reassure you all that I will do my very best to ensure the league runs as smoothly as it has done in the past under Ian’s umbrella.

Most of you will know me already. However, if you don’t, I will be reaching out to you very soon via email. Please feel free to contact me if you have any questions.

I am excited to take on this new and challenging role and look forward to seeing you all soon.

Kaye Cornwall 

**UMPIRING SECRETARY’S REPORT 2019/2020**

The suspension of all netball activity as of 16 March included officiating- no assessments, courses, pre-assessments, mentoring, reassessments, rules seminars or written assessments. We anticipate a decision from Netball Europe & England Netball to grant extensions to all learners on an Officiating Pathway who have been affected: as soon as a decision is announced, I will contact learners direct. This has also affected our own reassessment programme and we have already decided to carry forward to next season any reassessment which did not take place this season. As we await information about the timing of the restart of netball, may I extend my best wishes to you and your families during this difficult time.

As always, my heartfelt thanks to all those who have helped me during the season-my colleagues on the Executive Committee, assessors and clubs for C and B assessments & pre-assessments/C/B/A Award reassessments, tutors and players for umpiring courses and umpires at trials etc. My particular thanks to Ian Smith and the clubs in the Junior League and to Redbridge and the clubs in the mid-week leagues for allowing us to use their games for mentoring our beginner umpires who are working towards their C Award, pre-assessments and assessments.

**Courses**

We organised 3 umpiring courses this year-2 Into Officiating and 1 C Award: 1 scheduled C Award course was cancelled following the suspension of netball activity. We did not organise a B Award course, due to lack of interest: however, learners were able to access B Award courses within the Region. To optimise the value of the C Award course, we continued the requirement that learners had to have attended an Into Officiating course (or similar), which worked well. I am pleased that there has been a good number of learners who attended a C Award course taking their Written Paper-hopefully, they will progress towards their Practical Assessment.

**Assessments**

Congratulations to our successful candidates:-

**C Award**: M Davisson, K Herbert, M Howard, L King, M Ojo, A Stuart

Commiserations to any unsuccessful candidates-please work with your mentor and apply again.

**C, B & A/Panel Award Reassessments**

The A/Panel, B and C Award reassessment programme continued this season and will be ongoing. My thanks to Kaye Cornwall for co-ordinating the reassessment programme.

As mentioned above, in view of the suspension of netball activity, any reassessment outstanding from this season will be carried forward to next season.

**Mentoring programme**

The mentoring programme has continued and has seen learners progress/achieve an umpiring award.

**New Rules**

England Netball have announced that the 2020 Rules changes will be implemented into domestic netball, including our Leagues, on 1 September. Rules seminars will be online, in view of the current situation and are currently scheduled to be available at the end of June/early July. New Rules books are available for purchase from Essex Met at the discounted price of £4.50: if you haven’t already reserved one, please email me to request one.

**Umpiring News**

Information and updates have been posted on the noticeboards at Redbridge, included on our website and sent to Club Secretaries.

As County Umpiring Secretary, I am available to provide information and assistance to umpires who wish to progress to an umpiring award/a higher award, to answer queries and am always pleased to be able to help our umpires, who are so necessary to the continued strength of netball in Essex Met.

Jane Kelloe

Umpiring Secretary

**Essex Met County Academies- Head Coach Report – Michelle Cox**

2019/2020 Season has now come to an end and this year has been a particularly difficult one, due to many unforeseen circumstances. Covid-19 has brought many challenges to netball including postponing the Superleague

With the Franchises creating new hubs, we were able to set up this year a County Academy Partnership with London Pulse. This changed the way the athletes saw their vision. Many of athletes aspire to play for a Superleague franchise or for England one day. This season we had over 100 under 13 year olds and over 50 under 15s who attended the trial. The selectors came from across the County and had the challenging task of selecting. I would like to express my thanks to all those selectors for their hard work across several weekends and I would like to thank all the umpires who attended. The County is the first step on the England Netball pathway, creating opportunities for athletes to work on their individual fitness, ball skills and game management. For under 13s training it is about training to train and not necessary playing in positions that they would play in school or club. It is about understanding all positions on the netball court and to be able to play in more than one position. We had 2 under 13s squads, 1 under 15s squad at the County Academy this season and 1 under 15s Essex Met/London Pulse Squad.

We had new London Pulse and Essex Met County logos printed onto training vests that most of the athletes purchased.



We are so lucky to have such talented young players within our County who want to achieve becoming a better Netball player. This season we were lucky enough to watch a London Pulse match at the famous Copperbox in Stratford before the lock down of Netball. As coaches we are very proud of our athletes for being selected this season even though it was cut short. I am planning if possible and once the governance permits to fulfil the rest of the coaching sessions during July. I would like to express my thanks to all the coaches this season. We have gained new coaches this season who I am very proud of. Thanks to the following coaches for your hard work, Joan Bovell, Head Coach for the under 13s. Joan has over 25 years’ experience coaching at the County and was assisted by Kaye Cornwall and Candice Trumpet who joined us this year. Thanks to Mary-Ann Ramsey Head Coach for the under 15s who has been coaching at the County for more than 15 years. This year Mary-Ann was assisted by two new coaches, Jacqui Wood who gained her level 2 and Jodie Campbell. I would like to thank Lisa Brown and Val Hollingsworth who coached the London Pulse/ Essex Met Academy. They both have contributed to the County over many years and it is nice to invite them back to coach. I would like to express my thanks to Tracy Howe our County Academy manager who has really supported the Academy behind the scenes with all the administration tasks. I would like to thank London Pulse for giving us the opportunity to be in partnership with their talent pathway. I would like to thank all the Essex Met committee members in support the Essex County Netball talent pathway and thanks to Maggie Fuller for your finance work behind the scenes making sure fees and invoices were paid, working in partnership with Tracy and myself. Most importantly thanks to parents and school teachers of all the players because without your support and commitment we would not have a County performance pathway. Unfortunately, this year the Regional Festival was also cancelled due to Covid-19 but, I hope next season will bring us all together again playing the game we are missing so much right now

Yours in Sport

Head Coach

Michelle Cox

**Essex Met Netball - 2019/2020 Season:**

**Coaching and Development Report**

The Essex Metropolitan Netball Association clubs continue to thrive under the leadership of the great coaches we have in our county. We see all the results of their hard work in the numerous competitions that our Essex Met club compete in and achieve success.

**UKCC Coaching Courses**

England Netball periodically organise coaching courses in London and South East and in the East Region; they have been actively promoted on the Essex Met website.

**UKCC Coaching Bursary**

The Essex Met coaching bursary continues to grow year on year. We pay towards coaches attending and completing their UKCC Level 1,2 and 3 coaching award and Walking Netball coaching course. We encourage coaches to secure external funding towards their qualification to support their bursary application.

Funding was provided to individuals affiliated to the following clubs this season;

Phoenix Flames NC

Essex Open NC

 Romford NC

**Continuous Professional Development (CPD)**

I organised the following netball technical workshops and generic coaching courses for our members. If there are any courses clubs would like to see delivered, please email and let me know.

* ***Coaching Game Sense – Aimed at qualified or experienced coaches – 17/09/2019***
* ***Walking Netball Host Course – 07/12/2019***
* ***Get into Coaching – Aimed at those beginning their coaching journey – 08/12/2019***
* ***Safeguarding and Protecting Children – 30/01/2020***
* ***Safeguarding and Protecting Children – 30/04/2020***

For further information or support and to be added to the Essex Met coaching database for news and updates, please contact me at development@essexmet.co.uk

Bisi Owolabi

**ESSEX MET COUNTY NETBALL ASSOCIATION**

[WWW.essexmet.co.uk](http://WWW.essexmet.co.uk)

**AGM**

**England Netball Development Officers Report**

kirsty.herbert@englandnetball.co.uk  **currently on furlough**

07738 696858

**England Netball Updates**

* It’s been a year since I was appointed the new Essex Met - England Netball Development Officer and I have enjoyed every minute of it. I’ve especially enjoyed setting up new Back to Netball and Walking Netball sessions and of course increasing the numbers of participants to the existing session. It’s great to see that Netball can inspire lots of girls and women of all ages to get to back onto the Netball court.
* With the current situation, nobody was expecting such a sharp end to all the sessions and the league which I’m sure like me we are all missing it terribly. Obviously the well-being of all players, coaches and volunteers needs to be paramount but hopefully we will all be back on the court soon. Watch this space for further updates.
* Vitality World Cup in Liverpool – What a fantastic event, with over 112,000 tickets sold. Hopefully you managed to get there to see some games. I was privileged to be able to work in Liverpool in the sunshine for a couple of days….what an amazing atmosphere. Not the result we were hoping for but still a great performance.
* New Netball Connected Engaged System - The new system is all up and running, we appreciate there were lots of teething problems and we again thank you for your patience.
* Lucy Hantson, Netball Community Coach for Havering unfortunately resigned from England Netball after many years although you will still see her around the netball courts as a casual coach or umpire

**Caps**

The Club Action Planning Scheme (CAPS) is a programme designed to captivate you and your netball club. It aims to support you deliver a quality netball development programme and operate in line with best practice.

If your club is interested in being CAPS accredited please get in touch

**Junior**

Supporting the school games officers continued this year, although unfortunately some of the games never went ahead.

**Bee Netball**

Bee Netball a programme for under 11’s was launched in 2019, with many schools and clubs registering for information. Workshops for teachers and coaches were arranged and sessions in local areas were planned. It is an exciting programme for girls and boys which will continue in the future.

**Netball Now**

Netball now is a ‘pay & play’ type programme whereby individuals can just turn up on an evening and simply play a netball match. It has been very successful in the past and filling the gap whilst clubs aren’t training over the summer.

I continued this session from the summer 19 all through the winter at Beal High School inside court which was very popular. Hopefully will start this again on Tuesday’s at Redbridge Sports Centre 7.30pm to 8.45pm.

**Back to Netball**

Essex Met have two Netball Development Community Coaches who cover the 5 boroughs running back to netball sessions:-

Waltham Forest – Sophie Johnson

Havering, Barking and Dagenham, Newham and Redbridge – Me

Back to Netball continues to be successful in Essex Met with sessions running throughout the year across the 5 boroughs

**Walking Netball**

Walking Netball has continued to grow, Essex Met did have the following sessions which we are hoping to continue after lockdown.

Havering – Hornchurch Leisure Centre – Monday 11.30am

Havering – Noak Hill – Wednesday 7.30pm

Waltham Forest - Walthamstow Feel Good Centre - Monday 11am

Redbridge – Jean Brown – Friday 10am

**Disability Netball**

I have been working with Sports for Confidence in Waltham Forest and arranged a walking netball session for people with disabilities, the session was a great success and I’m hoping to be able to continue to work together in the future

I also worked with the Eldberries Day Centre for people with dementia, the 6 week sitting netball programme was a great success and was very rewarding to see the ladies and gentlemen mobility and communication improved throughout the session.

Whilst I’m on furlough, if you have any queries or would like any further information about the work completed or want to develop an area of netball in the county further, then please contact Phill Harvey on phillip.harvey@englandnetball.co.uk or 07854 089 830 who is covering for me. On my return, you can contact me on kirsty.herbert@englandnetball.co.uk or 07738 696858

Thank you for all your support over the past year, as I mentioned no one could have predicted such a sharp stop in all Netball but the health and well being of all involved is so important. I hope everyone is well and will see you all back on the Netball court soon.

**Kind regards**

**Kirsty Herbert**

**ESSEX MET COUNTY NETBALL ASSOCIATION AGM**

Publicity Officer Report

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| Image result for website icon | **Website**Essex Met Website is updated regularly with news, courses and background information. Visit us: <http://www.essexmet.co.uk/>We are also embarking on producing a detailed history of the league and request any clubs which haven’t submitted information for this project, please do so asap. Thanks.  |
| *Image result for facebook page icon* | **Main Facebook ‘fan’ Page: Essex Met**442 followers, up from 421 last season<https://www.facebook.com/EssexMet/>**Facebook group: Three Swords Netball League** 99 members<https://www.facebook.com/groups/483514871682397/>**Facebook ‘fan’ Page: Essex Met NDO**119 followers (created & run by England Netball NDO)<https://www.facebook.com/essexmetndo/>**Facebook group: Essex Met Coaches Page**99 followers <https://www.facebook.com/Essex-Met-Netball-Coaches-1612138249107529/> |
| Image result for twitter icon | **Twitter: @EssexMet** 587 followers <https://twitter.com/essexmet> |
| Image result for instagram logo | **Instagram: @netballinEssexMet** 389 followers (created & run by England Netball NDO)<https://www.instagram.com/netballinessexmet/?hl=en> |

**General Information**

Have a story or a suggestion to improve our channels – contact Shelley Wyatt on: scwyatt@sky.com