



# Stage 4 Risk Assessment Competition

## COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's latest guidance.

<b>Our club name: Essex Metropolitan County Netball Association</b>	<b>Our COVID-19 Officer is: Cassandra Austin-Mckenzie</b>
<b>Name of activity: Netball League Match Days</b>	<b>This activity takes place at : Redbridge Sports and Leisure Centre</b>
<b>Who is carrying out this assessment COVID Officer / EMNA Committee</b>	<b>We will review this risk assessment next on: 12 January 2021 or upon Government guidance as well as England Netball's latest guidance, whichever is the earlier</b>
<b>Date of the Risk Assessment 1 October 2020</b>	

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
<b>For some people, the risk of COVID-19 is higher</b>	Players, coaches, officials, volunteers, parents	High risks groups are aware of the risks involved in netball and have access to the personal risk assessment  Participants have the choice if they would like to attend sessions and 'opt in' to activity  There is no pressure from	All participants (players, coaches, officials, volunteers, and spectators <i>(RSL currently no spectators)</i> should check for symptoms of COVID-19, in line with EN and Government guidance. COVID Officers refer	Club COVID officers Safeguarding officers Coaches to check	1. Prior to start of league  2. Prior to any participation thereafter as the need arises.	Actioned/In Progress

		<p>coaches, club volunteers or other players to join Netball training sessions</p>	<p>members to and request all club participants to conduct</p> <ol style="list-style-type: none"> <li>1. Personal Risk Assessment</li> <li>2. Sharing information, on request, of risks associated with netball (refer to EN Video) to self-educate</li> <li>3. Confirm understanding and they have read and understood the risks associated with playing</li> <li>3. if happy to participate – Completion of Opt in statement reinforcing no pressure or obligation to participate</li> <li>4. Have discussions where needed</li> <li>5. Where necessary separate conversions with small bubbles of juniors; discussing any queries or giving further explanation as needed. Parents advised of names of COVID Officers and/or Safeguarding Officer and</li> </ol>			
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			<p>how to contact in the event of queries. Regular communication of requirements</p> <p>Share risk mitigation infographic.</p> <p>CUS to contact all umpires direct to ensure awareness of Personal Risk Assessment and Opt-in form.</p>	County Umpiring Secretary		
<b>Someone returns too soon following a case of COVID-19</b>	Players and all participants	<p>Players and all participants are aware of the risks of exercising post a case of COVID-19.</p> <p>Players and participants advised to follow the advice of their GP or Consultant</p>	<p>COVID Officers / Coaches to have discussions in advance of return to approve return getting verbal details of health confirmation. Prior to return to league match participation Club COVID Officer to confirm in advance to EMNA COVID Officer return to play of players, and confirm check taken. <b>Written authorisation from EMNA Lead COVID Office to be obtained in advance of</b></p>	<p>COVID Officers / Committee members Club COVID Officers report to EMNA COVID officer</p>	Prior to return to participation	Actioned/In Progress

			<p>return to training or EMNA Fixtures.</p> <p>Regular member communication of procedure for return.</p> <p>Regular reminders of personal responsibility for the welfare of other team members/club attendees, to not expose others, to minimise the spread or transmission of COVID 19.</p> <p>Advise COVID Officers of EN bulk purchase assistance for additional equipment eg Infra-red Digital Thermometer</p>			
<p><b>Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying</b></p>	<p>Players, coaches, officials, volunteers, parents</p>	<p>Provide clear information to all members of potential COVID-19 symptoms</p> <p>Ensure pre-travel health screening is undertaken prior to travelling to activity</p> <p>Undertaken a further health</p>	<p>Refer members to Personal Risk Assessment on EN website.</p> <p>All participants (players, coaches, officials, volunteers, and spectators <i>(RSL currently no spectators - except one</i></p>	<p>Club COVID officers/ Safeguarding officer /other assistants re COVID checks</p>	<p>On arrival at each activity</p>	<p>Actioned/In Progress</p>

<p><b>symptoms</b></p>		<p>screening before entry into session</p> <p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p>	<p><i>parent for U18s</i> )) conduct EN health screening check for symptoms of COVID-19, prior to arrival.</p> <p>Club COVID Officer conducts verbal or written health screening of players, coaches, officials and spectators (<i>RSL currently no spectators - except one parent for U18s</i>) for symptoms of COVID-19, in line with EN guidelines to confirm result; keep records then destroy after 21 days - GDPR</p> <p>Regular communication to team/members/officials re personal responsibility to others.</p> <p>COVID Officer makes decision based on information whether person can continue to participate.</p>			
<p><b>Transport to and from</b></p>	<p>Players, coaches,</p>	<p>Car sharing outside of household is not permitted</p>	<p>Club COVID officers communicate clearly with</p>	<p>Club COVID Officer - League</p>	<p>Club COVID Officer Regular</p>	<p>Actioned/In Progress</p>

<p><b>activity</b></p>	<p>officials, volunteers, parents</p>	<p>Adherence to Government guidance on travel and public transport</p>	<p>periodic regular reminders to members of EN and Gov guidelines and expectations re travel , if cannot travel independently measures to consider; also include pre travel health check screening using Health Screening questionnaire to not travel with any COVID Symptoms; avoiding car sharing where possible; remain in travel bubble if car sharing needed.</p>	<p>COVID Officer periodic check in with Club COVID Officers</p>	<p>check-ins and reminders with club members to follow EN travel requirements and Government travel guidance</p>	
<p><b>Droplet transmission</b></p>	<p>Players, coaches, officials, volunteers, parents, members of public at venue</p>	<p>Gaps scheduled between groups</p> <p>Maximum of 30 people per netball court (inc players and coaches/volunteers/officials)</p> <p>If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court</p> <p>Reminders to maintain social distancing on arrival at venue</p>	<p>EMNA play six divisions every week a total of 24 games reducing the total number of games by half to reduce the risk and management of people on each fixture match days. <i>(RSL currently no spectators )</i> Max No of 30 people per court. Reminder Get in – Play safe –Get out</p>	<p>League Secretaries League COVID Officer EMNA League play matches every week reducing the foot traffic by and number of divisions by half; 6 divisions each week; 24 games each match day</p>	<p>Prior to start of league.</p>	<p>Actioned/In Progress</p>

		<p>Congregating before or after netball training session is not permitted.</p> <p>One way systems in place to manage entry and exit onto court</p> <p>Signage and floor marking in place.</p> <p>Name &amp; contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles)</p> <p>All netball activity uses COVID-19 rule modifications</p> <p>Beginner players continuously reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible.</p>	<p>Additionally, if the number of fixtures can be played on alternate courts to further mitigate risks,.</p> <p>Umpires pre match briefing on match protocols, social distancing, modified rules; sanitisation requirements, Test and Trace, scorers having own timers</p> <p>EMNA communicate to clubs traffic flow in and around court , exit and entry protocols around site in line with RSL outdoor netball risk assessment and mitigating steps taken</p> <p>Identify appropriate collection points for parents to collect juniors</p> <p>Provide information and support for umpires to manage game protocols including bench, scorers</p>	<p>arrange new fixture format, rules and protocols and communicate to clubs</p> <p>Coaches/COVID Officers regular reminders with more consideration to juniors EMNA Senior and Junior League Secretaries to report re match times</p>	<p>Umpires before every match</p>	
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				EMNA/RSL/ COVID Officer		
<b>Fomite transmission via surfaces in venue</b>	Players, coaches, officials, volunteers, parents, members of public at venue	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)</p> <p>Confirm with venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place</p> <p>Regular disinfection of such heavily used areas</p> <p>Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.</p>	<p>Netball posts will be in place prior to any bookings to reduce touch points. Sanitise post at beginning and end of each match</p> <p>Cleaning staff will be regularly cleaning high touch points to include any allocated outdoor toilet areas throughout their shifts noting times of cleaning</p> <p>Netball entrance gates will be kept open during opening times to reduce touchpoint areas</p> <p>RSL confirmed enhanced cleaning process in instance of confirmed case of COVID</p> <p>Share with RSL <a href="#">COVID 19 cleaning in a non-</a></p>	<p>RSL (at beginning and end of match day, in between, teams)</p> <p>RSL</p> <p>RSL</p>	Monitoring by EMNA COVID Officer/EMNA Committee each event	Actioned/In Progress

			<a href="#">healthcare setting</a>	RSL		
<b>Fomite transmission via equipment</b>	Players, coaches, officials, volunteers and parents	<p>Hand hygiene protocols in place prior to attendance and upon arrival</p> <p>Encourage players to bring their own ball if possible</p> <p>Hand sanitiser and wipes to be available during sessions</p> <p>All equipment including posts to be sanitised before and after each training sessions</p> <p>Bibs washed prior to each sessions and not shared if possible</p> <p>Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes</p> <p>Sanitise post if players touches before play resumes</p> <p>Water bottles and whistles must not be shared and any left at end of session should be disposed of</p>	<p>Regular reminder of EN sanitisation protocol</p> <p>Sanitisation stations set up in easily accessible areas</p> <p>EMNA give guidance on <b>Rules Modification Protocols – Signage</b></p> <p>to include : Travel, awareness of one way signage, limiting spectators (<i>RSL currently no spectators</i> ), player, ball equipment, post sanitisation every quarter ; contact with post to be sanitised</p> <p>black bags for used wipes</p> <p>EMNA QR code</p> <p>Umpires/players to have own equipment-bottles; whistle</p> <p>Socially distance team talks</p> <p>Sharing paperwork-</p>	<p>Club COVID Officers /EMNA COVID Officer / Committee members</p> <p>RSL</p> <p>Umpires/ Coaches</p>	Monitoring by EMNA COVID Officer/EMNA Committee at each event	Actioned/In Progress

		Suitable waste facilities available to dispose wipes and sanitisation materials	<p>electronic submission of results Get in, Play safe and Get Out.</p> <p>Bibs should not be shared and washed at 60 degrees after use</p>	Coaches / Club / COVID Officer		
<b>Airborne transmission</b>	Players, coaches, officials, volunteers and parents	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p> <p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees</p>	<p>Obtain updated RSL Netball Risk Assessment Checking for adequate signage Cleaning Traffic flow Toilet facilities</p> <p>Obtain Jean Brown indoor netball risk assessment if indoor court 1 is considered. However no indoor facility currently available due to current Government Guidelines of no indoor sport for adults of more than six people. Adults mean 18 yrs and above @ 24.9.20. Modified netball matches are currently not allowed</p>	<p>RSL/ COVID Officer /EM</p> <p>RSL/ COVID Officer /EM</p>	Prior to start of league	Actioned/In Progress

		<p>e.g. first aider – updated to recommendation by EN @ 29.9.20 Restart Guide</p> <p>Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed</p>	<p>indoors under the latest Government guidelines for those 18 and over</p> <p>Confirming Max occupancy to achieve required EN ventilation Signage/directional arrows, infographics</p> <p>Follow indoor play EN protocol</p> <p>Communicating indoor protocol to teams who may participate and additional precautions required following EN Guidelines – Currently no indoor matches available under current Government Guidelines @ 24.9.20</p>	<p>EMNA /COVID Officer/Coaches/ Club COVID Officer</p>		
<p><b>Activity and common netball behaviours</b></p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Sessions are planned with Stage 4 rule modifications including warm ups and small sided games</p> <p>At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules</p>	<p>Communication sent to all clubs and coaches of Rules Modification Protocols which will include reminders of changes to common behaviours</p> <p>Rules Modification</p>	<p>EMNA Committee/ COVID Officer to collaborate to produce Rules Modification Protocols</p>	<p>Prior to start of league</p>	<p>Actioned/In Progress</p>

		<p>Modifications and non permitted common netball behaviours are communicated prior to activity commencing</p> <p>Players are briefed again at the beginning of sessions</p> <p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>	<p>Protocols document published on EMNA Website for easy access,</p> <p>Umpires during pre-match briefings remind players, in particular juniors of common behaviour changes and sanitisation process to take place before during and after quarter time breaks. Socially distanced team talks</p>	<p>EMNA send to Club Secretaries / COVID Officer prior to beginning of season</p> <p>EMNA COVID Officer and Communications Secretary</p>	<p>At the beginning of each event</p>	
<b>Junior players and vulnerable adults</b>	<p>Junior players, vulnerable adults, parents of junior players and/or vulnerable adults</p>	<p>Clear and regular reminders of rule modifications during session</p> <p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11s)</p> <p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players</p>	<p>Completion of Personal Risk Assessment – COVID Officer / Safeguarding officer aware of any vulnerabilities , regular communication and check – ins</p> <p>Risk mitigation infographics</p> <p>Special attention and communication/discussion with junior and/or vulnerable participants</p>	<p>Club Safeguarding Officer / Club COVID Officers</p> <p>EMNA</p>	<p>At start of each event; thereafter regular intervals</p> <p>EMNA COVID Officer monitor by regular check-ins with Club COVID Officers at start of season thereafter regular intervals</p>	<p>Actioned/In Progress</p>

<p><b>Toilets and changing rooms</b></p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p> <p>Hand sanitiser to be available on courts so use of toilets is not needed for hand washing</p>	<p>Changing rooms and showers to be taken out of use until Government information advises otherwise.</p> <p>Regular communication to members, more frequent reminders to junior arriving in kits, no changing facilities</p> <p>Reminder of and signage of sanitisation protocols near courts and toilet facilities Infographics position in key areas</p>	<p>RSL</p> <p>Club COVID Officer / EMNA COVID Officer and Committee members</p> <p>EMNA COVID Officer / EMNA Committee Members / RSL</p>	<p>Prior to start of league</p>	<p>Actioned/In Progress</p>
<p><b>An injury is sustained whilst social distancing is in place</b></p>	<p>Players, coaches, officials, first aider</p>	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p> <p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p>	<p>COVID Officers communicate EN First Aid protocol sharing EN information sheet <a href="#">EN First Aid Protocol</a></p> <p>St John's Ambulance Enhanced Care <b>currently not on site at RSL. First Aid support provided by</b></p>	<p>EMNA COVID officer check in with club COVID officers to confirm information communicated to club</p> <p>Coaches/Club COVID Officers</p>	<p>Prior to beginning of the season</p>	<p>Actioned/In Progress</p>

		Ensure any waste is disposed of safely	<p>RSL staff also supporting other sports on site.</p> <p>First Aid Kit at every session</p> <p>Avoid any unnecessary contact</p>			
<b>Breaches to Government and England Netball guidance</b>	Players, coaches, officials, volunteers and parents	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>	<p>Discussion and communication to club members the importance of every member taking personal responsibility; breaches could lead to netball in England being suspended.</p> <p>Regular communication more frequent reminders to juniors to adhere to EN and Gov Guidelines and social distance requirements/protocols</p> <p>Persistent intentional breaches of protocols will be considered a breach of Code of Conduct and point 12.2 of England Netball Disciplinary Regulations; disciplinary action can be</p>	<p>Club COVID officers, Coaches, Safeguarding Officers</p> <p>Coaches /Club COVID Officers</p> <p>EMNA/ EMNA COVID Officer</p>		Actioned

			taken. Regular monitoring			
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