

Essex Met County Academies- Head Coach Report – Michelle Cox

2021/2022 – Great to be back coaching the under 13s and under 15s.

The county did manage to coach and train the athletes at Redbridge Sports centre inside. Feels good to be back. The Regional Festival took place, and the athletes really enjoyed the experience playing against Kent and Surrey at Rainham Girls School. Parents expressed how they enjoyed bringing their daughter to the sessions and watching them progress.

I am very proud of the players who gained a place at the County learning new skills and drills.

We gained two more level 2 coaches bringing us to 4 level 2 coaches and 2 level 1 coaches have signed up to undertake the Level 2 course this summer. 3 coaches have attended the talent identifiers course and found the course excellent and feel well equipped to identify the attributes and characteristics needed to access the pathway. 3 coaches have signed up this summer to complete this course. This will support the way we move forward with our trials in September.

Essex Met County are aware of new challenges that will come with the Partnership Agreement with England Netball regarding the Player Pathway starting in September. We are proposing to have 2 under 15s and 2 under 13s Academy programmes. We are currently working with London Pulse as to how we move forward together to link into the franchise programmes for the under 15s.

Next season all must be aware that all counties is the England Pathway and not the franchise hubs. Under 15s must be selected through the county to progress onto franchise pathway.

More information to follow regarding the England Pathway.

I would like to thank the Essex Met committee for their continued support. The Region for their support. Redbridge Sports centre for the indoor and outdoor courts and facilities.

To all the parents, family members and friends for your support in making sure the girls arrive for training and are picked up taken home safely. I would like to thank all the coaches and Tracy Howe our county manager to help organise this season and become a success.

Thanks as always must go to Pat Meadows for her input into running the Academies and ensuring that we have another year to continue to develop the youth of Essex Met.

More information regarding trials will be advertised in mid-June 2022 on the Essex Met website and across all social media platforms.

Stay safe and well.

Michelle Cox
Head Coach Essex Met County Netball