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| Club: **ACE ATHLETICS N.C.** id: 2068688Secretary: Miss Millie MASONMobile: 07951664688Email: acesnetball.romford@gmail.com2nd contact: Erin Charles - HaskinsMobile: 07711 121037Email: Colours: red/black Training: MondayTraining Venue: Emerson Park AcademyOpen to new members?: YesPermission for video/photo?: YES |  | Club: **AEONIAN** id: 8474Secretary: Mrs Tracy RAINEYMobile: 07775 526901Email: traceybrainey@gmail.com2nd contact: Rebecca HudsonMobile: 07961 847444Email: becka\_hudson@hotmail.comColours: navy/yellow Training: Training Venue: Caterham School, ClayhallOpen to new members?: YesPermission for video/photo?: YES |
| Club: **AP SAINTS** id: 2047896Secretary: Mrs Lucy O'REILLYMobile: 07921 840987Email: apsaints.essexmetsec@gmail.com2nd contact: Candice TrumpetMobile: 07957 458686Email: candice@live.co.ukColours: navy/white Training: VariesTraining Venue: Fortismere Schl, N10 1NEOpen to new members?: YesPermission for video/photo?: YES |  | Club: **CUMBERLAND** id: 2052320Secretary: Annabelle BARKERMobile: 07904 200174Email: cumberlandnetball@gmail.com2nd contact: Katrina BrooksMobile: 07525 030953Email: katrina.brooks@hotmail.comColours: navy/pink Training: Wed/ThurTraining Venue: St.Pancras Community Assn, NW1Open to new members?: YesPermission for video/photo?: YES |
| Club: **ECLIPSE** id: 2358Secretary: Miss Lucy FRENCHMobile: 07841 137515Email: lucynicolafrench@hotmail.co.uk2nd contact: Nancy ThompsonMobile: 07772 481850Email: nthompson108@hotmail.co.ukColours: black/orange Training: noneTraining Venue: noneOpen to new members?: YesPermission for video/photo?: YES |  | Club: **ESSEX OPEN** id: 1065Secretary: Sara BISSMobile: 07971 689167Email: gibson1919@hotmail.com2nd contact: Val HollingsworthMobile: 07748 507551Email: valhollingsworth@hotmail.co.ukColours: maroon/sky blue Training: WednesdayTraining Venue: Redbridge Sports CentreOpen to new members?: YesPermission for video/photo?: YES |

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| Club: **ESSEX WANDERERS** id: 2060325Secretary: Vicky FORDMobile: 07572 217205Email: essexwanderersnetball@gmail.com2nd contact: Vicky MartinsonMobile: 07804 209054Email: vmartinson@select-engineering.netColours: blue/black Training: WednesdayTraining Venue: Emerson Park AcademyOpen to new members?: YesPermission for video/photo?: YES |  | Club: **FOXES** id: 1162Secretary: Mrs Elaine HUTTONMobile: 07766 059863Email: elaine.hutton@bairstoweves.co.uk2nd contact: Amie MorganMobile: 07920 148889Email: namie4@hotmail.comColours: navy/white Training: WednesdayTraining Venue: Redbridge Sports CentreOpen to new members?: YesPermission for video/photo?: YES |
| Club: **ISLAND** id: 11691Secretary: Ms Jackie OVERINGTONMobile: 07917 703213Email: jackieoverington@gmail.com2nd contact: Chloe CollinsMobile: 07729 8722712Email: chlo.collins@hotmail.co.ukColours: black/blue Training: MondayTraining Venue: George Green SchoolOpen to new members?: YesPermission for video/photo?: YES |  | Club: **LANGDON** id: 10207Secretary: Miss Melrose RICHARDSMobile: 07921 912711Email: Melrose470@gmail.com2nd contact: Kathryn FitterMobile: 07828 833671Email: kathfitter@hotmail.comColours: pink/black Training: noneTraining Venue: noneOpen to new members?: YesPermission for video/photo?: YES |
| Club: **LEYTON** id: 1825Secretary: Miss Sharon SMITHMobile: 07958 297620Email: leytonnetball@hotmail.co.uk2nd contact: Lorraine LawMobile: 07771 714113Email: Lorraine.smith24@VirginMedia.comColours: red/white Training: WednesdayTraining Venue: UEL Sports DockOpen to new members?: YesPermission for video/photo?: YES |  | Club: **MANOR MET** id: 10206Secretary: Lisa MOYNIGHANMobile: 07854 200482Email: manornetballclub@gmail.com2nd contact: Gail DrewryMobile: 07759 396507Email: gaildrewry@live.co.ukColours: green/white/black Training: Thurs/TuesTraining Venue: Drapers Academy, RomfordOpen to new members?: YesPermission for video/photo?: YES |

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| Club: **MARINE** id: 2054115Secretary: Laura GIRLINGMobile: 07977 503334Email: marine.netballclub@gmail.com2nd contact: Clare O'LearyMobile: 07910 535940Email: clare13.oleary@gmail.comColours: blue/white Training: WednesdayTraining Venue: Brentwood School, Middleton Rd, BrentwoodOpen to new members?: YesPermission for video/photo?: NO |  | Club: **MARSHALLS** id: 15297Secretary: Mrs Sheila MAYNARDMobile: 07899 698961Email: sheilamaynard@hotmail.co.uk2nd contact: Sarah MaynardMobile: 07776 493013Email: sarahanamaynard@hotmail.comColours: purple/black Training: Thurs/MonTraining Venue: Marshalls Park School/RSCOpen to new members?: YesPermission for video/photo?: YES |
| Club: **NEW CAMBELL** id: 2104Secretary: Mrs Tracey DALYMobile: 07800 961565Email: idtdaly@aol.com2nd contact: Jillean HipseyMobile: 07966 365056Email: gilleannetball@btinternet.comColours: maroon/white Training: WednesdayTraining Venue: Dagenham Park School, DagenhamOpen to new members?: YesPermission for video/photo?: NO |  | Club: **OAKWOOD** id: 2193Secretary: Lydia BOXERMobile: 07518 506945Email: oakwoodnc@yahoo.co.uk2nd contact: Nicole CouzensMobile: 07931 680322Email: nicolemariacouzens@gmail.comColours: green/white Training: TuesdayTraining Venue: Wren Academy, EnfieldOpen to new members?: YesPermission for video/photo?: YES |
| Club: **O.P.A.** id: 2187Secretary: Miss Colette CORBINMobile: 07506 526850Email: opa\_netball\_club@hotmail.com2nd contact: Bisi OwolabiMobile: 07944 629154Email: bisialao84@yahoo.co.ukColours: green/white Training: noneTraining Venue: noneOpen to new members?: YesPermission for video/photo?: NO |  | Club: **OTs** id: 2223Secretary: Ms Joanna JAMESMobile: 07734 822993Email: james\_joanna@hotmail.co.uk2nd contact: Helen HinsleyMobile: 07714 495005Email: helenh@tlpcc.org.ukColours: blue Training: noneTraining Venue: noneOpen to new members?: YesPermission for video/photo?: YES |

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| Club: **PHOENIX FLAMES** id: 2049243Secretary: Miss Eleanor BUDDMobile: 07791 254075Email: secretary.pfnc@gmail.com2nd contact: Ria MillsMobile: 07903 839095Email: membership.pfnc@gmail.comColours: pink/black Training: MondayTraining Venue: Frederick Bremer School, E17 4EYOpen to new members?: YesPermission for video/photo?: YES |  | Club: **SAPPHIRE** id: 6613Secretary: Miss Carole HAYNESMobile: 07956 537569Email: sapphirenc93@yahoo.com2nd contact: Elaine Morris-FrancisMobile: 07965 525855Email: ve.francis@yahoo.co.ukColours: navy/red Training: TuesdayTraining Venue: Leyton 6th Form CollegeOpen to new members?: YesPermission for video/photo?: YES |
| Club: **SEVEN SISTERS** id: Secretary: Katie APPLEBYMobile: 07943 992700Email: katiehappleby@gmail.com2nd contact: Sarah DonaldMobile: 07817 839944Email: donaldsarah3@gmail.comColours: black/pink/white Training: noneTraining Venue: noneOpen to new members?: YesPermission for video/photo?: YES |  | Club: **TROY** id: 3234Secretary: Ms Fay DOWNIEMobile: 07957 580924Email: faces59@yahoo.co.uk2nd contact: Cherrelle YiminyiMobile: 07983 386584Email: cyiminyi@gmail.comColours: blue/white Training: TuesdayTraining Venue: Gladsmore C.S., TottenhamOpen to new members?: YesPermission for video/photo?: YES |
| Club: **WOODFORD WARRIORS** id: 2047891Secretary: Niamh MURPHYMobile: 07507 125115Email: woodfordwarriorsnetball@gmail.com2nd contact: Joan BovellMobile: 07939 893729Email: j.bovell@btinternet.comColours: navy/sky Training: Tue/Wed/ThuTraining Venue: Woodbridge School, Woodford GreenOpen to new members?: YesPermission for video/photo?: YES |  |   |