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| Club: **ACE ATHLETICS N.C.** id: 2068688  Secretary: Miss Millie MASON  Mobile: 07951664688  Email: acesnetball.romford@gmail.com  2nd contact: Erin Charles - Haskins  Mobile: 07711 121037  Email:  Colours: red/black Training: Monday  Training Venue: Emerson Park Academy  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **AEONIAN** id: 8474  Secretary: Mrs Tracy RAINEY  Mobile: 07775 526901  Email: traceybrainey@gmail.com  2nd contact: Rebecca Hudson  Mobile: 07961 847444  Email: becka\_hudson@hotmail.com  Colours: navy/yellow Training:  Training Venue: Caterham School, Clayhall  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **AP SAINTS** id: 2047896  Secretary: Mrs Lucy O'REILLY  Mobile: 07921 840987  Email: apsaints.essexmetsec@gmail.com  2nd contact: Candice Trumpet  Mobile: 07957 458686  Email: candice@live.co.uk  Colours: navy/white Training: Varies  Training Venue: Fortismere Schl, N10 1NE  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **CUMBERLAND** id: 2052320  Secretary: Annabelle BARKER  Mobile: 07904 200174  Email: cumberlandnetball@gmail.com  2nd contact: Katrina Brooks  Mobile: 07525 030953  Email: katrina.brooks@hotmail.com  Colours: navy/pink Training: Wed/Thur  Training Venue: St.Pancras Community Assn, NW1  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **ECLIPSE** id: 2358  Secretary: Miss Lucy FRENCH  Mobile: 07841 137515  Email: lucynicolafrench@hotmail.co.uk  2nd contact: Nancy Thompson  Mobile: 07772 481850  Email: nthompson108@hotmail.co.uk  Colours: black/orange Training: none  Training Venue: none  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **ESSEX OPEN** id: 1065  Secretary: Sara BISS  Mobile: 07971 689167  Email: gibson1919@hotmail.com  2nd contact: Val Hollingsworth  Mobile: 07748 507551  Email: valhollingsworth@hotmail.co.uk  Colours: maroon/sky blue Training: Wednesday  Training Venue: Redbridge Sports Centre  Open to new members?: Yes  Permission for video/photo?: YES |

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| Club: **ESSEX WANDERERS** id: 2060325  Secretary: Vicky FORD  Mobile: 07572 217205  Email: essexwanderersnetball@gmail.com  2nd contact: Vicky Martinson  Mobile: 07804 209054  Email: vmartinson@select-engineering.net  Colours: blue/black Training: Wednesday  Training Venue: Emerson Park Academy  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **FOXES** id: 1162  Secretary: Mrs Elaine HUTTON  Mobile: 07766 059863  Email: elaine.hutton@bairstoweves.co.uk  2nd contact: Amie Morgan  Mobile: 07920 148889  Email: namie4@hotmail.com  Colours: navy/white Training: Wednesday  Training Venue: Redbridge Sports Centre  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **ISLAND** id: 11691  Secretary: Ms Jackie OVERINGTON  Mobile: 07917 703213  Email: jackieoverington@gmail.com  2nd contact: Chloe Collins  Mobile: 07729 8722712  Email: chlo.collins@hotmail.co.uk  Colours: black/blue Training: Monday  Training Venue: George Green School  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **LANGDON** id: 10207  Secretary: Miss Melrose RICHARDS  Mobile: 07921 912711  Email: Melrose470@gmail.com  2nd contact: Kathryn Fitter  Mobile: 07828 833671  Email: kathfitter@hotmail.com  Colours: pink/black Training: none  Training Venue: none  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **LEYTON** id: 1825  Secretary: Miss Sharon SMITH  Mobile: 07958 297620  Email: leytonnetball@hotmail.co.uk  2nd contact: Lorraine Law  Mobile: 07771 714113  Email: Lorraine.smith24@VirginMedia.com  Colours: red/white Training: Wednesday  Training Venue: UEL Sports Dock  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **MANOR MET** id: 10206  Secretary: Lisa MOYNIGHAN  Mobile: 07854 200482  Email: manornetballclub@gmail.com  2nd contact: Gail Drewry  Mobile: 07759 396507  Email: gaildrewry@live.co.uk  Colours: green/white/black Training: Thurs/Tues  Training Venue: Drapers Academy, Romford  Open to new members?: Yes  Permission for video/photo?: YES |

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| Club: **MARINE** id: 2054115  Secretary: Laura GIRLING  Mobile: 07977 503334  Email: marine.netballclub@gmail.com  2nd contact: Clare O'Leary  Mobile: 07910 535940  Email: clare13.oleary@gmail.com  Colours: blue/white Training: Wednesday  Training Venue: Brentwood School, Middleton Rd, Brentwood  Open to new members?: Yes  Permission for video/photo?: NO |  | Club: **MARSHALLS** id: 15297  Secretary: Mrs Sheila MAYNARD  Mobile: 07899 698961  Email: sheilamaynard@hotmail.co.uk  2nd contact: Sarah Maynard  Mobile: 07776 493013  Email: sarahanamaynard@hotmail.com  Colours: purple/black Training: Thurs/Mon  Training Venue: Marshalls Park School/RSC  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **NEW CAMBELL** id: 2104  Secretary: Mrs Tracey DALY  Mobile: 07800 961565  Email: idtdaly@aol.com  2nd contact: Jillean Hipsey  Mobile: 07966 365056  Email: gilleannetball@btinternet.com  Colours: maroon/white Training: Wednesday  Training Venue: Dagenham Park School, Dagenham  Open to new members?: Yes  Permission for video/photo?: NO |  | Club: **OAKWOOD** id: 2193  Secretary: Lydia BOXER  Mobile: 07518 506945  Email: oakwoodnc@yahoo.co.uk  2nd contact: Nicole Couzens  Mobile: 07931 680322  Email: nicolemariacouzens@gmail.com  Colours: green/white Training: Tuesday  Training Venue: Wren Academy, Enfield  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **O.P.A.** id: 2187  Secretary: Miss Colette CORBIN  Mobile: 07506 526850  Email: opa\_netball\_club@hotmail.com  2nd contact: Bisi Owolabi  Mobile: 07944 629154  Email: bisialao84@yahoo.co.uk  Colours: green/white Training: none  Training Venue: none  Open to new members?: Yes  Permission for video/photo?: NO |  | Club: **OTs** id: 2223  Secretary: Ms Joanna JAMES  Mobile: 07734 822993  Email: james\_joanna@hotmail.co.uk  2nd contact: Helen Hinsley  Mobile: 07714 495005  Email: helenh@tlpcc.org.uk  Colours: blue Training: none  Training Venue: none  Open to new members?: Yes  Permission for video/photo?: YES |

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| Club: **PHOENIX FLAMES** id: 2049243  Secretary: Miss Eleanor BUDD  Mobile: 07791 254075  Email: secretary.pfnc@gmail.com  2nd contact: Ria Mills  Mobile: 07903 839095  Email: membership.pfnc@gmail.com  Colours: pink/black Training: Monday  Training Venue: Frederick Bremer School, E17 4EY  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **SAPPHIRE** id: 6613  Secretary: Miss Carole HAYNES  Mobile: 07956 537569  Email: sapphirenc93@yahoo.com  2nd contact: Elaine Morris-Francis  Mobile: 07965 525855  Email: ve.francis@yahoo.co.uk  Colours: navy/red Training: Tuesday  Training Venue: Leyton 6th Form College  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **SEVEN SISTERS** id:  Secretary: Katie APPLEBY  Mobile: 07943 992700  Email: katiehappleby@gmail.com  2nd contact: Sarah Donald  Mobile: 07817 839944  Email: donaldsarah3@gmail.com  Colours: black/pink/white Training: none  Training Venue: none  Open to new members?: Yes  Permission for video/photo?: YES |  | Club: **TROY** id: 3234  Secretary: Ms Fay DOWNIE  Mobile: 07957 580924  Email: faces59@yahoo.co.uk  2nd contact: Cherrelle Yiminyi  Mobile: 07983 386584  Email: cyiminyi@gmail.com  Colours: blue/white Training: Tuesday  Training Venue: Gladsmore C.S., Tottenham  Open to new members?: Yes  Permission for video/photo?: YES |
| Club: **WOODFORD WARRIORS** id: 2047891  Secretary: Niamh MURPHY  Mobile: 07507 125115  Email: woodfordwarriorsnetball@gmail.com  2nd contact: Joan Bovell  Mobile: 07939 893729  Email: j.bovell@btinternet.com  Colours: navy/sky Training: Tue/Wed/Thu  Training Venue: Woodbridge School, Woodford Green  Open to new members?: Yes  Permission for video/photo?: YES |  |  |